



G.A.P



Are you a young mom between the ages of 15-30 years looking to learn life skills?

Do you want to meet young moms to share & learn with?

If so, then this is the program you are looking for!

Our GROWING AS PARENTS PROGRAM will provide you with the opportunity to build life skills and personal development. IT'S FREE!  
Light snack provided. Free child minding is available on site.

**Meetings are held @  
Mississauga Life Centre  
110 Lakeshore Road**

**Starting June 20, 2008  
Every Friday from 1 pm – 3 pm**

FOR MORE INFORMATION OR TO REGISTER PLEASE CALL

Rima

GAP Program Facilitator

905-812-5477 Email: [gapm@vitamanor.org](mailto:gapm@vitamanor.org)

